



2019 *rare* ECO Camp Information Package

Welcome to *rare* Charitable Research Reserve's ECO Camp for March Break and Summer programming!

This package should answer many of the important questions you have regarding drop-off, pick-up, parking and more. **Please take the time to read this package carefully in its entirety.** After reading this package, if you have any questions, please feel free to contact the *rare* Educator by phone at 519-650-9336 ext. 112 or by email at education@raresites.org.

Parking Information, Drop Off and Pick Up

Parking for pick up and drop off will take place at the *rare* ECO Centre (Slit Barn and Resource House), located at 768 Blair Road, Cambridge (see "Map of *rare*," at the end of this document). Each day, parents must **sign in** their child at drop-off and **sign out** their child at pick-up. Parents must fill out the Pick-Up Permission form (at the end of this document) to specify all persons that can pick up your child, including the parents. There is also a space for the emergency contact person who you are allowing to pick-up your child if a parent is unable to. Please be advised that the alternate person who is picking up your child must show valid photo identification (e.g. driver's license) to ensure that they are the individual indicated on the permission form. This form can be e-mailed to *rare* Educators at education@raresites.org.

If you believe that you are going to be late for pick-up or drop-off, please call/text the ECO Centre phone line at 519-721-7581 or the *rare* administration office at 519-650-9336, to inform our staff.

Extended Care

The standard ECO Camp hours are 9:00am to 4:00pm. We offer Extended Care from 8:00am to 9:00am and 4:00pm to 5:00pm, at a cost of \$5.00 per hour or \$10 per day. Parents must pre-register for Extended Care *no later than the Friday before* the first morning of camp. Campers may be registered for individual days of Extended Care or for the full week. Any parent who does not register for Extended Care and arrives after 5:00pm will be subject to our late policy (see Policies – Late Pick-Up).

First Day of Camp

Monday morning will be the first time dropping your child off at *rare* ECO Camp for the week (with the exception of the Civic Holiday week when Tuesday is the first day). The first drop-off is a busy and exciting time, particularly if we need to confirm that all the information we have for your child is correct and complete. To help speed up this process, please let us know of any information change prior to the beginning of your camp session. All forms and information can be sent by e-mail to *rare* Educators at education@raresites.org, by fax to *rare* at 519-650-5923, or in person to our head administration office (see address on p. 6).

Lunch

Campers are responsible for bringing their own lunches to ECO Camp. Please pack a healthy, nut-free lunch and snack for your child with as little packaging as possible. For information on easy and healthy ways to prepare lunches, please visit Canada's Food Guide: <http://www.hc-sc.gc.ca/fn-an/food-guide-aliment/index-eng.php>

We will occasionally be providing hot and cool drinks, as well as snacks, to campers during our March Break and Summer camp programs. If your child has any food allergies or sensitivities, please ensure that you inform ECO Camp staff.

Policies

- *Health and Safety*

Due to past concerns about H1N1 in Ontario, the Ministry of Health and Long Term Care has released a set of guidelines for prevention that is specifically for camps. To comply with these guidelines, **rare** ECO Camp requires campers to frequently wash hands and use hand sanitizer. For full guidelines, please visit:

http://www.health.gov.on.ca/english/providers/program/emu/health_notices/summer_camps/sc_guidelines_20090730.pdf

- *Violence-Free*

AT **rare** ECO Camp we have a violence-free policy to ensure a safe and secure environment for all campers. We are working with campers to prevent unacceptable behaviour, and encourage and foster positive strategies for identifying and handling anger and resolving conflict through preventative measures. Campers who do not meet behavioural expectations and take part in any form of misconduct will result in immediate removal from this program, with no money refunded.

- *Peanuts/nuts*

rare ECO Camp strives to create a nut-free environment for the safety of all of our campers. We ask that all food (lunches and snacks) sent to camp are nut-free. When grocery shopping, read the labels on pre-packaged foods very carefully, avoiding bulk food and on-site bakeries that often do not have a full list of ingredients. If a product's ingredient list says, "May contain traces of nuts," the company is not 100% sure that the product is nut-free, and could be a risk to other campers. For a list of other food sources that contain nuts, please see Health Canada's website: www.hc-sc.gc.ca/fn-an/securit/allerg/fa-aa/index_e.html

- *Personal Items*

Campers are strongly discouraged from bringing valuable personal items to camp. Because **rare** ECO Camp takes place outdoors, personal items will be exposed to the elements, and may cause irreversible damage. Items may be lost or broken, and **rare** assumes no liability for them. Personal electronic device use is not permitted, and any personal items that disturb the camp environment may be confiscated by **rare** ECO Camp Educators and returned to the parent at the end of the day.

- *Sun and Mosquito Protection*

Because **rare** has 900+ acres of land, there is plenty of space for campers to have a comfortable place to be involved in activities and relax during lunch, while being protected from UV radiation. **rare** ECO Camp *does not* provide sunscreen, insect repellent, or bottled water for campers. Please ensure that your child has sunscreen, a re-usable water bottle (there are safe drinking water taps on site), and a hat to protect them from the sun during outdoor activities, and if desired, insect repellent. Please note that if spray sunscreens or insect repellents are used by your child, they should be applied outside the buildings.

- *Tick Protection*

Similarly to all outdoor spaces in Waterloo Region, ticks can be found across **rare** property. Occasionally we participate in activities that take place in tall grass, however ticks can be found in all areas with nearly three-fourths of tick incidents happening in and around the home. The best preventative measures to hinder tick encounters include: wearing lighter clothing, wearing long pants to cover legs, wearing insect repellent, and conducting a body inspection for ticks shortly after outdoor activities.

- *Late Pick-up*

All campers must be picked up by 4:00 PM during the week of camp. Should you require extended care, campers must be picked up by 5:00 PM during the week of camp.

Any campers not picked up by this time will be subjected to the following **rare** ECO Camp Late Camper Pick-up Policy:

The camp director will call the primary contact at 5:00pm to see where you are/how far you are from camp. When you pick up the camper, you will be asked to pay a fee based on the following calculation: \$5 for every 10 minutes beginning at 5:05pm (there is a five minute grace period). For example, if you arrive between 5:05 and 5:15pm, the charge will be \$5. If you arrive between 5:16 and 5:26, the late fee will increase to \$10 for the day, and so on.

- *Cancellation or Withdrawal from ECO Camp*

Please be advised that once you have registered your child for ECO Camp, there is a portion of your payment that is non-refundable. Should you decide to withdraw your child from ECO Camp at least 2 weeks prior to their scheduled week, the remaining balance of your payment, minus a \$30 administration fee, will be refunded.

If you cancel your child's registration less than 2 weeks prior to their scheduled week, no refund of camp fees will be issued, except for medical reasons or at the discretion of the **rare** Educators.

There is no cost associated with switching the week you have registered for, should space be available in another session.

If you would like to withdraw your child from camp, or have any questions regarding our cancellation policy, please contact the Educator at education@raresites.org

ECO Camp Student Pick-up Permission Form

In the space below, please list the names of all persons that are permitted to pick-up your child from ECO Camp ECO Centre (please include the parent names for completeness). Also fill in an emergency contact person in the event you are unable to pick-up your child. Please ensure that the emergency contact person will be available during your session to pick-up your child if needed.

The following persons have permission to pick-up my child from the *rare* ECO Centre:

1. _____
2. _____
3. _____

The following person may be called to pick-up my child in the case I am unable to do so:

Name: _____ Phone Number: _____

Parent Signature: _____ Date: _____

Camper Checklist

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<input type="checkbox"/> Appropriate seasonal clothing (such as toques or ball caps, gloves, scarves, rain coat, sweater, etc.)	<input type="checkbox"/> Appropriate seasonal clothing (such as toques or ball caps, gloves, scarves, rain coat, sweater, etc.)	<input type="checkbox"/> Appropriate seasonal clothing (such as toques or ball caps, gloves, scarves, rain coat, sweater, etc.)	<input type="checkbox"/> Appropriate seasonal clothing (such as toques or ball caps, gloves, scarves, rain coat, sweater, etc.)	<input type="checkbox"/> Appropriate seasonal clothing (such as toques or ball caps, gloves, scarves, rain coat, sweater, etc.)
<input type="checkbox"/> Sturdy walking shoes/boots, waterproof footwear, extra socks, packing long pants, NO OPEN-TOED SANDALS or FLIP FLOPS!	<input type="checkbox"/> Sturdy walking shoes/boots, waterproof footwear, extra socks, packing long pants, NO OPEN-TOED SANDALS or FLIP FLOPS!	<input type="checkbox"/> Sturdy walking shoes/boots, waterproof footwear, extra socks, packing long pants, NO OPEN-TOED SANDALS or FLIP FLOPS!	<input type="checkbox"/> Sturdy walking shoes/boots, waterproof footwear, extra socks, packing long pants, NO OPEN-TOED SANDALS or FLIP FLOPS!	<input type="checkbox"/> Sturdy walking shoes/boots, waterproof footwear, extra socks, packing long pants, NO OPEN-TOED SANDALS or FLIP FLOPS!
<input type="checkbox"/> Re-fillable water bottle				
<input type="checkbox"/> Healthy, nut-free lunch & 2-3 snacks	<input type="checkbox"/> Healthy, nut-free lunch & 2-3 snacks	<input type="checkbox"/> Healthy, nut-free lunch & 2-3 snacks	<input type="checkbox"/> Healthy, nut-free lunch & 2-3 snacks	<input type="checkbox"/> Healthy, nut-free lunch & 2-3 snacks
<input type="checkbox"/> Sunscreen				
<input type="checkbox"/> Other item of importance:				

Map of rare

